

Preface

Over the last more than six decades, the Association of Physicians of India has excelled in promoting the cause of Internal Medicine in the country with its constant efforts in keeping the Indian physician updated with the latest developments and advances in the theory and practice of medicine. The 62nd Annual Conference of API being held at Goa is an opportunity for physicians to meet and share their knowledge and experiences, and also to deliberate on problematic issues concerning medicine and its practice in today's changing global scenario.



Our faculty comprising eminent doctors from all over India and abroad have come forward to share their knowledge, experiences, and views pertaining to a spectrum of carefully chosen topics which are of paramount importance in the practice of the science and art of medicine in India and the Asian subcontinent today.

Though we all are eager to refresh and update our knowledge in clinical medicine during the conference itself, it has become essential to also record in print the various lectures by our eminent faculty so that one could refer to these later on. It thus becomes a valuable record of the scientific proceedings which has been aptly titled 'Medicine Update'. Practically speaking, it is not possible to attend important lectures in different halls simultaneously, so one could depend on a book of this type to provide all the knowledge that has been disseminated at the conference. Delegates will find it worthwhile to carry this book home for study, reference, and research. To produce such a book is, nevertheless, a daunting task. With 163 chapters and an even greater number of contributors, this has been a voluminous book to compile, edit, and publish. In this Himalayan task I have been ably assisted by my Associate Editor, Dr. (Prof.) D.G. Jain who, in spite of all the trials and tribulations of organizing such a volume, has spared no efforts in seeing that it is published in record time. I am indebted to Dr. (Prof.) A.K. Agarwal for his guidance and advice. My sincere thanks go to Dr. Y.P. Munjal and Dr. Siddharth N. Shah for their valuable inputs and support. I am highly grateful to Dr. (Prof.) B.K. Sahay, Prof. S.K. Sharma, Dr. Alladi Mohan, Dr. B.B. Rewari, Prof. Rajat Kumar, Dr. Rajesh Upadhyay, Prof. Rohini Handa and Dr. Atul Bhasin for their kind help.

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