

The Association of Physicians of India

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CIRCULAR NO. 1 / 2023

79th Annual Conference (2024) of The Association of Physicians of India

Annual Conference of The Association of Physicians of India, New Delhi

Venue: International Exhibition Cum Convention Centre (IECC), Pragati Maidan, New Delhi – 110001

Dates : 22nd to 25th February, 2024

Organising Secretary - APICON 2024 : Dr. Rajesh Upadhyay

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Dr. E. Moses Road,

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Theme: “CLINICAL TO DIGITAL MEDICINE”

INSTRUCTIONS TO CONTRIBUTORS

1. Abstract must be submitted online.
(www.apicon2024.in)
2. In case of difficulty, contact us at
scicomapicon2024@gmail.com
3. Abstract must be typed single-space in English using at least 10 point size font and must fit inside the designated space and should **not exceed 2000 characters.**
4. The maximum characters permitted in the title are 100. Type body of the abstract in order of Introduction, Material, Observations and Conclusions.
5. Authors should be listed by initials and surname. Not more than 5 authors are to be included. In case more than 5 authors are mentioned the first five will be taken.
6. Do not include title, names and institutions name in the body of the abstract.
7. Name of the **presenting author** should be in **bold.**
8. Tables and graphs can be included and will be considered as 600 characters each. Photographs/ Images/other figures will not be accepted.
9. Please proof read the abstract carefully for factual and spelling errors. The spelling of names, the order of authors and institution name will appear in JAPI as submitted.
10. Standard abbreviations are acceptable. Uncommon abbreviations must be put in parenthesis and proceeded by the full word the first time it appears in the text.
11. **The presenting author must be a registered delegate for the conference.**
12. **Abstract must be submitted by 31st July 2023.**

Continuing Medical Education (CME) Programme

at 79th APICON – 2024, New Delhi (22nd to 25th February, 2024)

CME on 22nd February 2024

will be organized by

Dr. Jyotirmoy Pal – Dean ICP

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Proposed Scientific Programme for APICON – 2024

Annual Conference of The Association of Physicians of India, New Delhi

23rd, 24th & 25th February, 2024

Theme : “CLINICAL TO DIGITAL MEDICINE”

Orations :

- Presidential Oration: *Dr. Milind Y. Nadkar*
- Netaji Oration: *Dr. Sarita Bajaj, Prayagraj*
- Dr. P. J. Mehta Oration; *Dr. Jaya Chakravarty, Varanasi*
- Dr. G. S. Sainani Oration: *Dr. Pinaki Mukhopadhyay, Kolkata*
- Dr. V. Parameshvara Life Time Achievement Award:
Dr. Vijay P. Singh, Varanasi & Dr. Rajesh Kumar Sharma, Dharamshala (HP)
- Dr. Siddharth Shah Award: *Dr. Rajesh Chandra Mishra Ahmedabad*
- Prof Rathinavelu Subramaniam Endowment Oration:
Dr. Jugal Kishor Sharma New Delhi
- Sanofi Aventis Senior Lecturership in Diabetes
Dr. Manoj Saluja, Kota
- Dr. Coelho Memorial Lecturership in experimental medicine
- *Lt. Gen. (Retd.) Dr. Prof. BNBM Prasad, Karnataka*

Award Sessions

1. Dr. D. P. Basu Young Award in Cardiology
2. E. Merck Award
3. Dr. J. N. Berry Memorial Award
4. Dr. M. J. Shah Memorial Award in Tropical Medicine

Papers that are accepted for presentation in the Award Session at the Annual Conference will be divided subject-wise into four groups.

Group I : **Cardiology** : Dr. D.P. Basu Young Award

Group II : **Chest Diseases** : E. Merck Award

Group III : **Other Specialities** : Dr. J.N. Berry Award

Group IV : **Tropical Medicine** : Dr. M.J. Shah Award

The award of Dr. J.N. Berry Memorial Award and E. Merck Award are given in alternate years in Group II and III papers. At the 2024 Annual Conference E. Merck Award for Chest Specialities will be awarded. Dr. D.P. Basu Young Award will be for Cardiology and Dr. M.J. Shah Memorial Award for Tropical Medicine.

Suggestions should be accompanied with eight copies of a brief Bio-data of the suggested name, so as to reach the API office not later than **31st July, 2023**.

1. The competitor must be the first author of the paper submitted for presentation at the API sessions of the Annual Conference. A

testimonial must be submitted from the Head of the Institution that the major work has been done by the competitor. Papers which are previously presented or published will not be considered. The competitor should also give a written pledge stating that the work has not been presented or published before. **He / she should be a member of API.**

2. Dr. D. P. Basu Awards are of ₹ 1,000/- each. E. Merck Award ₹ 2,000/- and Dr. M. J. Shah Memorial Award is of ₹ 2,500/-
3. The upper age limit of the competitor is 40 years (proof to be attached).
4. The decision will be taken by a panel of judges appointed by the Governing Body of API.
5. The candidate must apply for the award and full papers will be presented in separate award session.
7. Eight copies of full manuscript will have to be submitted to **Dr. Milind Y Nadkar, Chairman, Scientific Committee of APICON 2024**, by **31st July, 2023**. One copy of the paper should be sent to **Dr. Agam Vora, Hon. General Secretary of API** at Mumbai. Turf Estate # 6 & 7, Off Dr. E. Moses Road, Opp. Shakti Mills Compound, Near Mahalaxmi Station (West), Mumbai 400 011.
8. The decision of the panel of judges will be final and binding to all concerned.
9. **Free Papers Sessions (Oral Presentation) / Dr. M. Vishwanathan Poster Presentation:** This is to announce that the participants applying for Dr. M. Viswanathan Poster Presentation : Free papers session (Oral) will have to pay a fee of **Rs. 885/- (Rupees Eight Hundred Eighty Five Only)**, inclusive of GST) by **Online payment only**, No Demand Draft/ Cheque will be accepted.
10. Abstract must be submitted online at www.apicon2024.in
11. Please note that the fees for free papers submission will be **NON-REFUNDABLE** under any circumstances. Please visit www.apicon2024.in for online payment option
12. **“APICON 2014 Ludhiana Original Paper Merit Awards”.** The 15 best oral free papers and 10 best poster presentations will be given a cash award. The awards will be decided by a Panel of judges including the President API and the President Elect API during APICON 2024. The above awards will be presented during the award session to be held on February 2024 at New Delhi.

TENTATIVE TOPICS FOR SCIENTIFIC PROGRAMME

Cardiology

- Atrial Fibrillation new strategy
- Syncope - evaluation & management
- New look into Hypertrophic Cardiomyopathy?
- ASCVD score
- Risk stratification of ACS
- CT angio v/s CT calcium scoring.
- Pathophysiologies of IHD
- Role higher centers in ACS
- Prosthetic Heart Valve -Advances
- Peripheral Arterial Disease risk management.
- Update on DVT management
- Redefining role of Cardiac surgery
- Medical management in Angina.
- New strategies in heart failure management
- Pulmonary Arterial Hypertension: Current Concepts

Hypertension

- Evaluation of young Hypertensive
- Pregnancy and HTN
- Secondary Hypertension – evaluation
- Resistant Hypertension - management.
- The old & the new molecules in HTN
- ABPM – Methods, Techniques and Current Relevance

Endocrinology

- Subclinical Hypothyroidism
- Endocrine Hypertension
- Secondary Diabetes
- Acromegaly
- PGA (Polyglandular Autoimmune) Syndromes
- Adipose Tissue as an Endocrine Organ
- Endocrinology of Ageing
- Endocrine Biomarkers
- Male Hypogonadism in Diabetes
- Dexa Scan
- Current status of Vitamin D
- Pheochromocytoma
- Primary Hyperparathyroidism(PHPT) changing Scenario
- Panhypopituitarism

Diabetes

- E-management of Diabetes
- Use of Insulin Pumps
- SGLT 2 inhibitors: Should be prescribed to all?
- Diabetic Retinopathy- Advances
- Novel methods for glucose monitoring.
- Comparison of HBA1C and TIR
- Diabetes and Pregnancy
- Remission and reversal of Diabetes
- Beta cell Preservation
- Heart failure and Diabetes
- Diabetic Microvascular Complications
- Diabetes in the young: Challenges in India
- Molecular Basis of Asian Indian Phenotype
- Intricacies of diabetes management in women
- Insulin : Advances
- New insulins and devices
- Diabetes in elderly
- Prediabetes – beyond the tip of the iceberg
- Targeting ectopic fat: therapeutic strategy for diabetes
- Severe insulin resistance syndromes: Clinical Perspective
- Diabetes and TB epidemic in India
- Anemia and diabetes
- Diabetes, obesity and cancers: the interlink!
- Management of Gestational Diabetes
- Diabesity in Women
- Clinical Relevance of Pathophysiology of Type 2 Diabetes
- Future Insulins, Technologies and Diabetes Outcomes
- Hypoglycemia

- Surgery and Diabetes
- DPP4 Inhibitors in Type 2 Diabetes Mellitus : An Indian Perspective
- Oral Anti-Diabetic Drugs in Pregnancy and Lactation

Neurology

- Newer insights in management of PARKINSON's Disease
- An algorithmic approach to ATAXIA
- Approach to an acute episode of positional vertigo
- How to choose a preventive treatment for migraine
- Emerging therapies in the management of cluster headache
- Prognostic significance of hypernatremia in TBM
- Autoimmune Stroke : Approach to diagnosis and management
- Treatment of GBS – What is new
- Management of Anticoagulant related Intracranial Hemorrhage
- Newer Antiepileptic Therapies
- Cerebral Venous Sinus Thrombosis
- Evaluation and Management of Dementia
- Evolving Pattern and Outcome of Stroke
- Advances in Acute Stroke Management
- Headache – Symptom Analysis
- Peripheral Neuropathy - Some Newer Concepts and Diagnostic Ways.
- Muscle Cramps
- Confusion in Elderly patients

Rheumatology

- ABC of Rheumatological investigation
- Newer treatment strategies in RA
- Approach to PUO by a Rheumatologist
- Management of Axial Spondylo Arthritis
- Gastrointestinal vasculitis : An update
- Novel treatment approaches for Fibromyalgia
- Diagnostic Immunology – Basic to utility
- Improving clinical outcomes in SLE in 2023
- Safe therapeutics during pregnancy and lactation in rheumatoid arthritis
- How to sequence drugs in osteoporosis – Bisphosphonate | Teriperatide | Denosumab
- Chronic Fatigue Syndrome
- Early diagnosis of osteoarthritis: will it make a difference
- Emerging treatment strategies in GOUT
- Challenges in rheumatology in new Post COVID world
- A patient with RA and ILD – an approach

Nephrology

- Renal genetics
- Etiologies and management of chronic hyperkalemia.
- Community-acquired AKI
- The Kidney Heart Connection
- CKD in the developing world
- RRT
- Kidney Disorders in critically ill pts
- ABG
- Management of Blood Pressure in Chronic Kidney Disease
- Update on management of Lupus Nephritis
- Principles of Drug Dose Modification in Renal Failure
- eGFR: What the Internist Should Know
- Complicated Urinary Tract Infection
- Renal Transplantation: Newer Insights
- Current concepts of the nephrotic syndrome
- Legal & Ethical issues in renal transplantation
- Hyponatraemia : Causes and Consequences

HIV

- Emergencies in HIV Medicine
- Current Guidelines for Antiretroviral Therapy
- HIV Drug Resistance and Second Line of ART
- HIV and Hepatitis B Virus Co-infection : An Overview
- HIV - An Overview for the Internist

Pulmonology, Tuberculosis & Critical Care

- Cough - good , bad or ugly
- Pleural effusions beyond tuberculosis
- COAD beyond the lungs
- Recent Advances In Management Of Interstitial Lung Disease
- Severe Eosinophilic Asthma - Diagnosis And Management

- Biological Agents In Asthma - Novel Therapies
- Allergic Bronchopulmonary Aspergillosis - The Great Mimic
- Pulmonary Sarcoidosis - No Longer A Rare Entity"
- Cardiopulmonary Effects of Tobacco
- Rising air pollution and remedies
- Role of the laboratory in the Management of TB
- Approaching Tuberculosis eradication in India- how realistic he target is?
- Role of Immunomodulators in Management of Drug Resistant TB
- Atypical Mycobacterial Infection
- Central Nervous System Tuberculosis: A Challenge in India
- Newer Guideline in Management of Tuberculosis
- Fever In ICU
- Role of Steroids and vasopressors in ICU
- ECMO- An Important ICU tool
- Approach to refractory Hypoxemia
- Antibiotic Use in ICU
- SSC Guidelines for Management of Sepsis
- Fungal Infections in Critically Ill Patients
- Nutrition in Critically Ill Patients
- Chronic Obstructive Pulmonary Disease: Current Guidelines for Treatment

COVID-19

- Long covid-implications and way forward
- Covid 19 and Diabetes
- Covid 19 in 2024
- Fungal infections in Covid 19
- Pharmacological interventions in Covid 19-Current approach
- Covid 19 vaccines - an overview

Gastroenterology & Hepatology

- Management of Upper Gastrointestinal Bleeding
- Chronic Pancreatitis: Newer Concepts
- Constipation: A Holistic Approach to Management
- Management of Ascites
- Chronic Diarrhoea – An Approach
- Management of Ulcerative Colitis : Step up or Step –down Approach ?
- Prebiotics and Probiotics: A critical Analysis
- Capsule Endoscopy: Newer Vistas
- Drug induced liver injury- diagnosis and management
- Acute liver failure,
- Auto-immune liver disease,
- Budd-Chiari syn,
- GAVE
- GERD
- NFLD – Evaluation & Management

Infections & Tropical Medicine

- Adult vaccination- Indian Scenario
- Management of Enteric Fever
- Dengue Vaccine
- Malaria in India: Challenges and Opportunity in Today's Scenario
- Drug Resistance – How to Suspect, How to Manage?
- Antifungals : Which, When and Where
- Beta- Lactamase Threat in Respiratory Tract Infections
- Emerging and re-emerging infectious diseases- Indian perspective
- Scrub typhus :As it stands today
- Physician approach to a patient with fever & Neutropenia
- H2N3:Diverse Implications
- Right Antibiotic for right patient for right duration

Hematology & Oncology

- Transfusion Medicine
- Chronic Myeloid Leukemia - Recent Advances
- Lymphoma: An Update for Physician
- Use of Blood Components
- A Clinical Approach to Polycythemia
- Myeloproliferative Neoplasms
- How to Interpret BT, PT and APTT
- Thrombocytosis
- Clinical Approach to a Case of Anemia
- Current Guidelines for Management of Hemophilia
- Disseminated Intravascular Coagulation
- New Treatment Strategies in B-cell Chronic Lymphocytic Leukemia

- Multiple Myeloma - Recent Advances
- Approach to pancytopenia in adults
- Haemoglobinopathies - burden and prevention
- Chemo free world of hematological malignancy
- Immuno-Oncology - The 'advance of the decade' in Cancer Treatment
- Hematopoietic Stem Cell Transplantation in India - Status Update

Geriatrics

- Falls in elderly
- Infections in Elderly
- Home-Based Care in Geriatrics
- Immunization in Elderly

Lipidology

- Familial Hypercholesterolemia
- Dyslipidemia: Flash back and vision ahead.
- Metabolic Syndrome : Myth Of Reality
- Edible Oil for Healthy Cooking
- Management of Atherogenic Dyslipidemia
- Management of Dyslipidemia: Intolerant to Statin Therapy
- Lipid Management: How Aggressive is Aggressive?
- PCSK9 Inhibitor : Potential as Future Lipid- Lowering

Pregnancy

- Liver disorders in pregnancy
- Management of Infections during Pregnancy
- Management of Jaundice in Pregnancy
- Use of Oral Hyperglycemic Agents in Pregnancy Diabetes
- Management of Hypertension in Pregnancy
- Pregnancy and Heart Disease
- Thrombocytopenia in pregnancy- how one should investigate & manage?

Miscellaneous

- Lifestyle Factors in Non-communicable Diseases in India -
- Ethics in Medical Practice: Pearls and Perils of Medical Practice Today
- Stress Management by Yoga
- Art of practicing Medicine in this current/difficult ERA
- Continuous Professional Development : An Essential Lifelong Learning Activity for Physicians
- Creating Value: Cost effective, High Quality Health Care
- Team-Based Healthcare
- Health problem in healthcare workers - a matter of concern
- Relevance of newer diagnostic modalities in our social structure.
- Medical Problems at Sea – Challenges in Management : The Physician's Role
- Nutrition
- Global warming - physician's perspective.
- Effect of extremes of temperature.
- High altitude medicine.
- Mobile towers and radiation hazards.
- Organophosphorus Poisoning: Current Management Guidelines
- Aluminum Phosphide Poisoning
- Scorpion sting
- Advances In Management Of Snake Bite
- Snake Bite and Critical Care Medicine

Workshops

- ABG
- ECG in ACs
- RRT
- Rheumatology examination
- ARDS management
- Hands on use of Apps and Peripherals
- Scientific paper writing
- Biologic and nuclear Warfare

Panel Discussions

Debates, controversies, symposium, CPC'S



Dr. Agam Vora
Hon. General Secretary

Date: 30th April 2023
Place: Mumbai